

“What we are looking for is what is looking.” - St. Francis of Assisi (1181-1226)

Group Intelligence

What’s it like to be aware of awareness as a group? Today, we will experience this--together.

We can explore how incomparably unique we each are, while accessing our combined intelligence. Sharing undivided attention together permits our intelligence as a group to integrate instinctively and incrementally.

We know, only too well, how ...

Consciousness can be disorganized by ideas and activities. Whenever awareness is overly fixated on these fragments of a greater whole, our mind tries—*unsuccessfully*--to take control of these pieces of experience, to create a P-e-a-c-e that’s missing. This trying goes on endlessly, and turns out to be futile. If fractured in this way, a mind-made personality **stresses and strains** to make life behave the way it ‘imagines’ it should.

Alternatively, a state referred to as “cosmic consciousness” is often realized, as an unmistakable sense of existing in a unity with all people and the whole of Nature. There are many known applications: healing, both psychological and physical; telepathy between groups, including collective remote viewing and mind/matter interactions; rapid consensus for decision making, productivity as well as problem solving in families, relationships, communities, politics and business; optimum performance in sports and any type of collaborative activity from symphony orchestras to surgical teams. Evolving our innate capacity to share a commonly-sensed intelligence—on this planet, today--may prove essential to the survival of humanity.

In this exercise, we begin with each of us taking a turn, speaking slowly in a tone of voice that is easily heard by everyone in the group, describing what we seem to be sensing and feeling, as a group. Whenever it is our turn to speak, we point the group’s attention to whatever we seem to be noticing together; as it is happening, as we are speaking, without referring to the past, or future, or *our selves*, while eliminating all “I” statements: i.e., “**There is** a feeling of sharing a commonly-sensed presence--with everyone here.”

We make unbroken eye contact with our webcam lens--*whenever it is our turn to speak*--according to an assigned order. In the beginning of the exercise—*immediately after each of us has spoken*—the facilitator may help out, by gently suggesting how we can learn to practice this exercise according to these guidelines.

By sensing, feeling and thinking--together--we will be accessing the intelligence of being interconnected.

We feel the joy of being liberated and at peace with everyone and everything. It can seem impossible to do anything wrong. What may have been disturbing, or overwhelming, can appear organized and interesting.

Once in this state, we can enjoy working, playing, or just being.