

TESTIMONIALS: for the Group Insight Game - Sharing Awareness Consciously Together

Judy : Our conscious conversation simply and gently, yet profoundly, revealed the truth that all of humanity has been seeking forever. In just a few minutes, as Sperry pointed our awareness to awareness itself, the illusion of separation began to dissolve. My sense of having a separate body melted in the warm, delicious energy that engulfed the whole group. Thoughts had no power and floated by like clouds. Emotions transformed into what I experienced to be the empty fullness spoken of by the sages, or eternal Love itself. The embodiment of what cannot adequately be spoken of happened. It was blissful, and once experienced, nothing can or will ever be the same. This is a life changing event.

- Judy Woodrow, editor

John : The remarkable work of Sperry Andrews and the Human Connection Institute in developing ways to move people into collective and global consciousness is worthy of wide recognition and attention. As we move from me to we, Sperry's work will serve as a guiding light to collective consciousness.

- John Jacob Zucker Gardiner, professor of leadership at Seattle University

Sherri : Sperry created an experience of "group consciousness" where the barriers between us melted, and we came into a co-creative flow. In this space, we were completely free from inhibition, doubt, judgment, or fear. We had access to much higher levels of understanding, compassion, wisdom, and trust. It seems that this kind of experience would prevent much of the miscommunication, misunderstandings and conflicts that often arise in a work environment. There was also a sense of super-charged creative energy and infinite potential – it felt like we could accomplish anything. This creative state has helped me to be far more effective. I now experience that my work seems to be created through me effortlessly, saving hours of productivity. The state that occurred in the group setting provided a foundation for harnessing the full intelligence and wisdom of a team. It evoked a kind of creativity and innovation that is far beyond what we normally experience.

- Sherri Lassila, Women's Leadership Coach

Gary : At the beginning of the group call, it feels as if a group of 'strangers' is getting together under Sperry's guidance to have an experience. As the meeting progresses, I discover that these are no strangers at all...but rather, extensions of myself! As the fog of separation begins to lift, a brilliant yellow light seems to descend into my inner vision. After a little while longer, I feel I am home, home at last, and the other callers on the line transform into my intimate friends, as voices that speak for me, and I for them. At last, I discover that what I have been searching and seeking for all these years was right in front of me, and I just didn't know how to look! That is the experience I have had with Sperry's gentle guidance, and I feel a sense of peace inside of myself that is unsurpassed.

- Gary Dempster, Athlete

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Paul : As a Senior Program Manager in the computer industry, I have firsthand experience working with high performance teams. With limited resources and tight deadlines, team synergy is crucial. Sperry's work enables every participant to experience a deep connection with every other participant. I've found that this promotes mutual respect as well as the dropping of the façade that causes separation. Sperry's work experientially promotes an immediate shift in consciousness, enabling a higher level of group alignment and synergy essential to competing in our fiercely competitive environment. Highly recommended for team development !

- Paul Simons, PMP – Sr. Program Mgr.

Sarah : I find it truly blissful to share with others from such an honest and non-defended place and to receive that sharing from others. The acceptance of where we are in the NOW is tremendously healing and this was so evident within the group process. I am deeply grateful for the group's courage to share from such a profound emotional place, and your ability to hold that energy and assist the group to engage with it in such a significant way. I am really looking forward to connecting with everyone next Sunday.

- Sarah Rickards, Children of the Sun Foundation

Sophia : This evening, during the "Conscious Conversation", I experienced in true essence, the core truth of what we are as Universal Beings. Sperry, as a facilitator, immediately directed our attention to connecting with the sensory body. It shifted to an awareness that my heart was opening and in it was, a knowing. I could feel thoughts, concepts, images and information transforming into the "Be Still" that is all-knowing. Sitting with this sensory emotion, I felt it shift to a peaceful stillness, Love beyond all Love. The body called self, became as no-self. The feeling of vastness with all beings emerged into a Oneness. And the Light that enveloped my experience manifested into no-thing, a Void that was filled with Bliss. I have had a near death experience and found in it, clarity of who we really are, yet, this evening, I have discovered a newness of what it means to create and co-create our Evolutionary Story. Being with others and 'becoming' Us reinforces the truth! It is REAL, it is Joyfilled and it is NOW. I believe that this 'Practice', that is so very simple, is the KEY to understanding of how to manifest our emergence to Consciousness and the creation of a NEW Existence. Gratefully I tell of Love !

- Sophia Murray

Allen : Sperry facilitates a process to drop into our unity and feel our interconnected oneness beyond the illusion of space and time - to come to know firsthand and embody the awareness spoken of by enlightened masters and teachers throughout the ages. Now, in a simple and "real time" experience each participant may come into a co-created field of harmony and love, leaving all with a profound and lasting sense of inner peace and trust.

- Allen David Reed, author/educator

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Richard : Sperry Andrews' approach to facilitating collective and mindful group consciousness is vital for bringing together and empowering people in everyday venues, as well as in business settings and corporate cultures. I have experienced first-hand how simple yet powerful Sperry's approach is, and how it can easily be applied across diverse settings and populations. His process enables insight to spontaneously arise in a spirit of openness and conscious communication that facilitates people moving forward to implement creative solutions to individual and group movements. I wish every person, business, and corporate culture would integrate and implement Sperry's work into the everyday hum of both workplace culture and personal life. His work encourages interactive, energetic, and authentic communication and creativity to emerge effortlessly.

- Richard Miller, PhD. Psychologist, President of the Integrative Restoration Institute, author of The iRest Program for Healing PTSD

Brooke : Sperry is a delight to be with - joyful, deep, transparent, open hearted, warm, generous, intelligent, compassionate and fun. Being in one of his groups is to be joyously invited and effortlessly led into the space of deep Peace, Love and relaxation that we know to be our essential nature. His heart felt warmth, unconditional love, intuitive knowing and spacious, embodied Presence create the space for anyone to join and truly share in a unified field of Truth, mystery, emptiness, fullness, Light and much more... He brings hope and promise for the world to find liberation and to know and embody this Love together as a collective whole. I wholeheartedly recommend spending time with him!

- Brooke Hall, Brooke Hall, Marriage & Family Therapist

Stacy : What I really admire about Sperry's Vision is the Passion and Knowing he embodies to bring it to all humanity. I often reflect on the lessons and expansive experiences gleaned during our creative time together. It was because of his dedication and unshakable faith in Humanity, that his work is an integral part of the whole. He continues to inspire me to BE the spirit we are.

- Stacy Lynn Floyd, Life and Health Coach

John : I have known and worked with Sperry for several years. He has an amazing skill of bringing groups of strangers into an effortless rapport in a very brief period of time. The depth of connection and spontaneous harmony that this process evokes with ease and rapidity, is remarkable. On numerous occasions I have observed large groups of people come into rapid consensus and resolve formerly "unsolvable" interpersonal problems. As a business owner myself, I recommend Sperry's work as a simple, skillful method of getting teams on the same page and headed in the same direction.

- John Lumiere-Wins, Masters in Marriage and Family Therapy, MFTintern, Master Brainwave Optimization Technologist, Somatic Experiencing Practitioner, Certified Hypnotherapist

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Johanna : The best way of describing this experience with Sperry Andrews and 'Unity Consciousness' is by saying it felt like Coming Home. Very quickly and more powerfully than when I meditate alone, I got into a space of such beautiful peace and connectedness with the others on the call. The word is 'unconditional love' between everyone involved. It enabled me to safely share when it felt right and also to just sit in silence without any pressure. I truly recommend this to anyone who feel an inner urge to awaken to what this new way of participating through love and complete harmony really is about.

- Johanna Ashley, Human Potential Coach

Jocelyn : Conscious Conversation with Sperry Andrews is an uncomplicated, accessible experience. The container formed by the process is inviting, safe and flexible: there is adequate structure and agreement to focus awareness and ample flexibility for emergence. The process is so direct and clear that no one needs any prior experience to be able to access the collective, meditative field or to participate in sustaining it by expressing their awareness in the moment. It calls one into openheartedness and playfulness as well as into authenticity and clarity. It is affirming, revelatory and inspires great hope for our capacity to walk in profound connectedness to source with every breath of our co-creating life.

- Jocelyn Rasmussen, Professional Singer

Gary : Very rarely in life have I felt greater satisfaction than through participating in the weekly Conscious Conversations. As we settle into the call, the usual feelings of daily life begin to drift away effortlessly, replaced with a sense of the total connectedness between all who are present. An atmosphere of true communication, total acceptance, intimate closeness, and loving openness is felt by everyone, even though our bodies and minds are literally spread across the globe! It becomes clear and obvious that there is One single awareness in which we are all joined, and this realization brings a great sense of relief and healing to my heart - a feeling that continues long after the call is over. This inner love seems to be growing and expanding the heart on a weekly basis, and it is from this sense of love that I write these words. The heart hopes that more hearts will connect with it, breaking down long-established boundaries of separation ... and in that space of the void, this amazing miracle happens, words do not get twisted. My sincerest desire is that many more of us will participate in this radically simple, amazingly effective means of connecting – consciously and lovingly. Sperry, thank you so much for facilitating that, I am so astonished at the depth of connection that I felt/feel. Really life-changing. Now I've felt the shade of Love so strongly, I don't want to walk in the sun anymore!

- Gary Dempster, Athlete

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Niki : I came to the conversation rushed, sick and tired. I hoped it would "make" me feel better. Well, what I experienced was a combination of total expansiveness and no body awareness and, paradoxically, a small intimate circle of soulmates, just marinating in the juice of what we are collectively. I will come back to this experience because 1) it did "make" me feel better, 2) I have no context for what we all did together, but I want to do it again and, 3) I was completely free to do what was suggested without expectation or anxiety. I want to communicate this way with everyone everyday! Thanks for the experience. I am smiling just recalling the "feeling state" after the meditation.

- Niki Greenfield

Merrily : “In this simple and effortless process, my noisy mind completely stopped within two minutes! I was in awe of a much larger field of heart-felt sensations, and feelings. I felt expanded, spacious, and safe. My past, present and future felt integrated. We were all coalescing into a single consciousness. Tears flowed down my face with no self-consciousness, or feelings of vulnerability. There was no need to do anything or be anyone. I could have sat there motionless for hours. Everything felt available to me. The sense of unlimited possibilities was suspended in mid-air—as a living presence—ripening in each now moment. It felt like “home” - delicious, liberating and joyful.”

- Merrily Milmoie, Healing Arts Studio, CMT, QHHT, CLYT

Katherine : Greetings Fellow Travelers: I wanted to share a little about my experience of being on Sperry’s call this evening. Earlier in the week I had been preparing to join his call, but Tuesday a family crisis had emerged and I had spent the last 36 hrs. in a neonatal intensive Care unit. I had taken a break from sending healing energy to a newborn family member, when I saw the number on my laptop. I arrived at the call late and breathless. For a moment I thought I was too late to get on. Instead I was welcomed, and in no time at all I found myself in a sea of loving, calm, healing, serenity....with a group of others that I knew in oneness, from the level of soul....Even though I did not know their names....I knew their Spirits. This was a tangible, real, palpable experience. In no time, all that was not real, fell away. I emerged from the call joyous, and hopeful. I highly recommend this work to everyone. It is heavenly. I am so grateful to know of it and participate.

- Katherine E.E.

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Gail : Very quickly, Sperry is able to guide a group into a new experience, that feels safe and wonderfully freeing. His ability to bring everyone into the present moment, to be available for this group consciousness exploration, is quite remarkable. The senses peak and time goes away during Sperry's groups. Shedding distractions and worries, we lifted our sights to the wonderment of the humanity in each person in the group. Our emotional lives came together. As one body heart and mind we were united, trusting, loving and highly appreciative together. We shared our insights with each other, with only few words spoken, and came out of the workshop with a sensed understanding of each other that has stayed with me as a gentle, easy and accessible positive experience.

- Gail Work, CEO One Earth Ventures

Sophia : For years (all my life) I have known that in the Silence is found all knowing, joy and peace. Thursdays evening, in the practice with Sperry's group, I find the experience. I have the experience and it is a shared experience with all present and beyond. It is a reality that 'walks' with my mind and heart after, like a bubble of joy too strong to burst. And the discovery that in that silence of shared meditation, there are no words adequate to describe, comes a knowing that all words to describe are present. In the silence, we truly communicate. It is a tremendous experience with Source.

- Sophia Murray